

## Newman Staff

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## This Week's Intentions

### **Joseph Cicherillo**

By Paul & Ann Marshal

### **Nancy Sofia**

By Adrienne Radicia

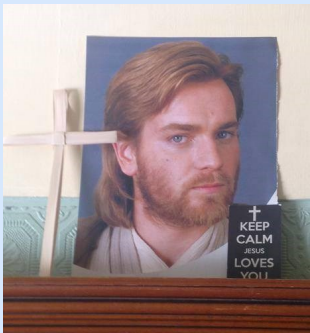


## Collection

Last weekend's collection was \$250. Thank you for your generosity! As a guide, local residents are encouraged to tithe; graduates students are encouraged to give \$5-\$8 per week and Undergraduates \$3-\$5 per week as you are able. If you are away please consider making up your support.



## Newman Laughs



## Social Media

**Facebook:** *University of Rochester Catholic Newman Community*

**Twitter:** @UR\_Newman

**LinkedIn** *University of Rochester Catholic Newman Community*



4 · 5 · 2016  
Coming to UR  
Welles-Brown Room  
Featuring Professor Hafensteiner



*Fifth Sunday of Lent - March 13<sup>th</sup>, 2016*

## **COOL THOUGHTS**

This past week, I was part of an email chain from some friends whom I have not seen in many years. These friends invited me to participate in a summer golf tournament together. While accepting, I joked about how it might be time for some of them to go to confession when we meet. Below is an edited version of what one person witnessed about the Sacrament of Reconciliation:

I am sorry that I will not attend the golf weekend, especially given the new opportunity to attend confession. My apologies too for this long email, however, I would like to share a few confession stories:

While at Fort Riley, Kansas in 2008 attending my Combat Advisor training prior to heading off to Afghanistan I missed Maddy's First Communion. In her preparation for 1st communion she had to have her first reconciliation – afterwards she and I spoke by phone and I asked her, “how was it Maddy?” she responded with a joyous, “it was wonderful Dad, it was like starting my life all over again!”. I recall the happiness in her voice and simplicity of what Confession really is – an opportunity to thoughtfully start a new day. It prompted me to go to Confession prior to next weeks Mass.

The Army Chaplain was a young priest – it went along the lines of... “Forgive me Father for I have sinned... it's been 18 years since my last confession and I've done 1 thru 10 multiple times...” He said, “no you have not”... I went on to explain, “that if sin in thought as well as action then I truly have violated each and every commandment and very likely multiple times.” He smiled and at the end of the Sacrament of Penance I was absolved from doing “1-10 multiple times!”

Once when returning to Kandahar from Uruzgan province we ended up being delayed in the air in a very hot, cramped and truly uncomfortable British C-130 aircraft because a rocket had hit the runway and they needed time to ‘fill in the hole’ before we landed. We eventually landed safely and as we were shuttling to the terminal at Kandahar Airfield I overheard a Chaplain and his assistant – he was a Catholic priest - when we got off the bus I grabbed the Chaplain and dragged him over to the side of the tarmac – he asked me what are you doing and I said, “I am giving my confession...” “Here? Now?” “Yes, Father – here and now – I am not sure when I'll get another chance.” I knelt in full kit and confessed to a very tired Priest in the hot sun of southern Afghanistan – I recall afterwards feeling like I could, had the strength to start a new day.

The one time I skipped an opportunity and offer to give penance to a Priest is when I came home from Afghanistan during leave... my Mom and Dad arranged to have Mass said at the house for the family – Mom said it was for me and my Dad who's health wasn't great... when the Priest came into the house and we were introduced the words from his mouth were, “if you don't want to go back to Afghanistan, I can help you get to Canada.” I asked him, “Father, why would I not want to go back?” “Don't you ever think about what you do in the military?” he asked.... “Of course I do Father – in 1996 I supported ‘peace implementation’ in Bosnia helping to end years of civil war; in 2005 I went to New Orleans to help bring back order to the people of LA after hurricanes Katrina and Rita and now in Afghanistan I am providing support to the Afghan security forces so they can help bring stabilization to the...Continued on next page....

### **E-Board Notes:**

Interested in spring intramurals? This season Newman will be sponsoring an intramural soccer team. This is a great way to have fun with friends, or make new ones, and take a break from the stress of school. Contact Griffin Cunningham ([gcunnin4@u.rochester.edu](mailto:gcunnin4@u.rochester.edu)) for more information or to sign up for a team

**SILENT RETREAT:** Want to take some quiet time away? The Abbey of the Genesee is a Trappist Monastery that offers an opportunity for silent reflection, as well as an time to tune out the noise of daily life. We are offering a Silent Retreat this spring. Contact is Mike Malpasuto ([mmalpasu@u.rochester.edu](mailto:mmalpasu@u.rochester.edu)).



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### **Volunteering Opportunities:**

#### ***Comfort Blankets and Baby Caps***

Do you knit, crochet or sew? Hospitals are always in need of caps for newborns and premies, and children love to have a small blanket for cuddling during happy times and sad times. We have the yarn. We just need you. Sign-up at Mass or contact Sr. Leandra.

#### ***Sojourner Children Volunteering***

Sojourner Center helps homeless women with difficult pasts (that have been abused, are refugees, etc.) to rebuild their lives by giving them shelter and life skills lessons for six months. Nevertheless, their children normally come with them and they need volunteers to do activities with the children while their moms are taking the lessons. Depending on the amount of people interested this could be a weekly or biweekly commitment. If you want to know more about this volunteering opportunity, please contact Ixcel Valeriano ([ivaleria@u.rochester.edu](mailto:ivaleria@u.rochester.edu)).

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### **Newman Weekly Schedule:**

#### **Tuesday: NEWMAN NIGHT**

4-6:00PM: Study Break (River Level, Interfaith Chapel)  
6-7:00PM: Free Dinner (River Level, Interfaith Chapel)  
7-7:30PM: Rosary Group (River Level, Interfaith Chapel)

#### **Wednesday:**

10-10:30PM: Instamass (Friel Lounge, Sue B. Dorm)

#### **Thursday:**

12:30-12:50PM: Mass (Sanctuary Interfaith Chapel)

#### **Friday**

7:25-9:30PM: St. Joseph's House Volunteering

#### **Sunday:**

10:30-11:30AM: Mass (River Level, Interfaith Chapel)

people of Afghanistan..." up to this point. I admit it was the first Mass I attended with real anger in my heart; sadness as I heard the Priest conduct Mass - I could not help but think of the men on my teams that died prior to that point, a few more were added to the KIA roster after my return to Afghanistan after leave. Interestingly the next time I confessed I had to confess my anger towards a Priest during an actual Mass - not sure how often that happens.

When I returned from Afghanistan, I was in the minivan with Maddy (then 8) and as I drove I thanked her for being such a good big sister to Sarah and Jack while I was away and for helping her Mom so much... she said "thanks Daddy, it's OK - I learned a lot in the last year." Thinking she learned a lot from school said, "oh, what did you learn Maddy?" "I learned we have a strong family." she said matter of factly... I looked at her with tears in my eyes and said you are right Maddy we do... the next Sunday, I took the entire Cuddy family early to attend confession prior to Mass... I am sure the Priest chuckled as the Cuddy kids went in one-by-one with their youthful confessions; Lynn the saint who I am sure confessed to some trivial thing that weighs heavy on her heart and I finished the Cuddy line-up with my guilt of anger at a Priest during Mass and for any forgiveness I may have needed for actions in Afghanistan.

Recently, we attended a Church mission event where the Dominican Priests were also hearing confessions. I was so happy to see Maddy and Jack feel compelled to receive the Sacrament of Reconciliation and both were visibly happy with having done so - again ready to start a new day. I did not attend this past time as I have not fully formed my list... I am sure there are a few venial sins to be accounted for - I need a full reconciliation before Easter!

Friends, I know my Dad was too often disappointed that I did not abide by him or the Church teachings, and that I may have taken the easy path or ignored what was 'right' for the alternative 'fun' a few times... I am truly thankful for my Catholic faith, my lovely wife Lynn and kids and I am also very truly thankful for having you as my friends. May your golf drives be as long as this email!

The Gospel this week and my friend's John's words, which made me appreciate again the power of the sacrament, could not serve as a better invitation for celebrating the confession. Hope to see you Tuesday. - Peace, Fr. Cool

**Day of Penance** Tuesday, March 15th, Newman will be having a Day of Penance. Stop by the Chapel from 2-4PM or 7-10PM where Fr. Cool and a visiting priest will be hearing confessions. If you are unable to make it, please contact Fr. Cool ([bcool@admin.rochester.edu](mailto:bcool@admin.rochester.edu)) to schedule a time for Confession.