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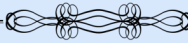
This Week's Intentions

Frank DeSino

By M/M Richard Swain

Frank Qualey

By Mary Jane & Lloyd Fuller



Collection

Last weekend's collection was \$387. Thank you for your generosity! As a guide, local residents are encouraged to tithe; graduates students are encouraged to give \$5-\$8 per week and Undergraduates \$3-\$5 per week as you are able. If you are away please consider making up your support.



Newman Laughs

You know it's bad when your mechanic calls in two priests



Social Media

Facebook: *University of Rochester Catholic Newman Community*

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NEWMAN

Catholic Community at Rochester

Fourth Sunday of Lent - March 6th, 2016

COOL THOUGHTS

Pope Francis told a group of priests, "Please be great forgivers. It does me good to recall a Friar in Buenos Aires who was a 'great forgiver'. He is almost my age and sometimes he is gripped by scruples for having forgiven too much. One day I asked him, 'What do you do when you are gripped by these scruples?' He replied 'I go to the chapel and say, Lord forgive me, today I forgave too much. But let it be clear that you gave me this example!'"

Of course, as priests do, so should members of the community of believers do to others? Francis has written, "Let the church always be a place of mercy and hope for everyone is welcomed, loved and forgiven." These are words that re challenging and comforting to those who receive them in faith.

In the year of Year of Mercy we might want to consider integrating prayers of mercy in our daily reflection and communication with God. Here's a prayer that touched my heart!

O Lord. May the greatest of all divine attributes, that of Your unfathomable mercy, pass through my heart and soul to my neighbor.

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances, but look for what is beautiful in my neighbors' souls and come to their rescue.

Help me, that my ears may be merciful, so that I may give heed to my neighbors' needs and not be indifferent to their pains and sufferings.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbor, but have a word of comfort and forgiveness for all.

Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbors and take upon myself the more difficult and toil-some tasks.

Help me, that my feet may be merciful, so that I may hurry to assist my neighbor, overcoming my own fatigue and weariness. My true rest is in the service of my neighbor.

Help me, O Lord, that my heart may be merciful so that I will refuse my heart to no one; be sincere even with those who, I know, will abuse my kindness. I will bear my own suffering in silence. May Your mercy, O Lord, rest upon me.

Help me, O Lord that when I cannot carry out a work of mercy, I will assist by my words, and if I cannot show mercy by deeds or words, that I can always do so by prayer. O Jesus, transform me into Yourself, for You can do all things. AMEN.

Blessings, Fr. Cool

P.S. Please join us for Newman's March 15th from 2-4 and 7-10pm here at the Inter-faith Chapel.

E-Board Notes:

Interested in spring intramurals? This season Newman will be sponsoring an intramural soccer team. This is a great way to have fun with friends, or make new ones, and take a break from the stress of school. Contact Griffin Cunningham (gcunni4@u.rochester.edu) for more information or to sign up for a team

QUIET RETREAT

Have you ever thought about taking some quiet time away? The Abbey of the Genesee is a Trappist Monastery that offers an opportunity for silent reflection, as well as an time to tune out the noise of daily life. We are offering a Silent Retreat this spring. Contact is Mike Malpasuto (mmalpasu@u.rochester.edu).



CHAPEL OF THE ABBEY OF THE GENESEE, GENESEO, NEW YORK

Volunteering Opportunities:

Comfort Blankets and Baby Caps

Do you knit, crochet or sew? Hospitals are always in need of caps for newborns and preemies, and children love to have a small blanket for cuddling during happy times and sad times. We have the yarn. We just need you. Sign-up after Mass or contact Sr. Leandra.

Sojourner Children Volunteering

Sojourner Center helps homeless women with difficult pasts (that have been abused, are refugees, etc.) to rebuild their lives by giving them shelter and life skills lessons for six months. Nevertheless, their children normally come with them and they need volunteers to do activities with the children while their moms are taking the lessons. Depending on the amount of people interested this could be a weekly or biweekly commitment. If you want to know more about this volunteering opportunity, please contact Ixcel Valeriano (ivaleria@u.rochester.edu).

Newman Weekly Schedule:

Because of Spring Break all Newman Events are postponed until students return. This includes Newman Night, Instamass, and Weekday Mass. We will resume our normal schedule starting next Sunday.

DAY OF PENANCE

MARCH 15th

Interfaith Chapel

2-4 pm and 7-10 pm

REPRESENT: Newman Poster Contest

Let's put Newman on the map. The Newman Poster Contest deadline is drawing near. Bring your creativity to the drawing board. Simple guidelines and are on the back table. Check out Newman email for complete details. Winning poster gets a Chipotle gift card!!

Catholic Vocabulary

JONAH: The original 'Jaws' story.

JUSTICE: When kids have kids of their own.

KYRIE ELEISON: The only Greek words that most Catholics can recognize besides gyros and baklava.

MAGI: The most famous trio to attend a baby shower.

MANGER: Where Mary gave birth to Jesus because Joseph wasn't covered by an HMO. (The Bible's way of showing us that holiday travel has always been rough.)

PEW: A medieval torture device still found in Catholic churches.

PROCESSION: The ceremonial formation at the beginning of Mass consisting of altar servers, the celebrant, and late parishioners looking for seats.

RECESSIONAL: The ceremonial procession at the conclusion of Mass led by parishioners trying to beat the crowd to the parking lot.

RELICS: People who have been going to Mass for so long, they actually know when to sit, kneel, and stand.

TEN COMMANDMENTS: The most important Top Ten list not given by David Letterman.

USHERS: The only people in the parish who don't know the seating capacity of a pew.

***This information is for Catholics only. It must not be divulged to non-Catholics. The less they know about our rituals and top secret code words, the better off they are.*

A New UR TRADITION

Coming to UR

4.5.2016

Agape Latte

