Newman Staff (585) 275-8515 | urnewman.org

Rev. Brian Cool - Director bcool@admin.rochester.edu Sr. Leandra Kosmoski - Campus Minister lkosmoski@ur.rochester.edu Karen Anvelt - Administrative Assistant kkanvelt@yahoo.com Anne Thomas - Campus Minister athomas1@admin.rochester.edu



This Week's Intentions

Marilyn Fuino By Kathy Benz

Dennis Morgan By Keith & June Powers

Collection

Last weekend's collection was \$214.40. Thank you for your generosity! As a guide, local residents are encouraged to tithe; graduates students are encouraged to give \$5-\$8 per week and Undergraduates \$3-\$5 per week as you are able. If you are away please consider making up your support.



Social Media

<u>Facebook:</u> University of Rochester Catholic Newman Community

Twitter: @UR_Newman

<u>LinkedIn</u> University of Rochester Catholic Newman Community





4th Sunday in Ordinary Time - January 31st, 2016

<u>COOL THOUGHTS</u>

On February 10th we start the Holy Season of Lent. It is a season of immense reflection, prayer and change of heart. Given the disruptions in the world and in our own lives, we need to find an inner peace that transforms us and the world in which we live.

Pope Francis writes in Misericordiae Vultus—the papal bull that announced this Jubilee Year of Mercy— that he desires that Christian people everywhere more deeply reflect on the corporal and spiritual works of mercy. The pope views this year as an opportunity to "reawaken our conscience, too often grown dull in the face of poverty." He challenges us to "enter more deeply into the heart of the Gospel where the poor have a special experience of God's mercy."

Lent is a time to reflect more intentionally on Pope Francis' invitation. During these 40 days, we examine our own lives in an ongoing effort to "be merciful, just as [the] Father is merciful."

I would like to propose two things for the Newman Community to do differently this Lent. Things that we can do together so that we can witness the face of Christ here at Rochester, in the Rochester community and around the world.

I propose:

- Each week Newman will send to you via email, text, FACEBOOK and Twitter a three minute reflection on one of the pillars of Lent. This will be a mini-retreat. Once you receive it, you will have 24 hours to view it and allow it to deepen your thoughts and prayer. Additionally, it will serve as a reminder to support Operation Rice Bowl (these will be handed out on Ash Wednesday). By giving our attention to reflect and to be generous to the poor we will live out Mercy in a very real way. (Additionally, it would be awesome if you forwarded the message to someone you know so that they can likewise be moved by God's grace.

- Second, I would like to propose that all of us unplug for either 12 or 24 hours each Monday. You can choose the duration. No cell phone, no text, no social media. Do the normal things of our life but in a simpler fashion. I understand the irony of this request in light of the previous requests made. The difference of course, is the previous requests uses our electronics with a religious and moral dimension, which is often lost in the day to day of our lives. Additionally, we do as these as a community –in solidarity-- and I also know that the reflection, silence and generosity serve as deeply rewarding and spiritually refreshing.

The Year of Mercy Pope Francis is asking of us requires life to be seen, thought of and done differently. I hope you can join us!

For those who want to go even deeper into the silence and reflection, we will be offering a special program "Sounds of Silence" where we take students to the monastery in Geneseo. You will enjoy the time at the monastery chanting the psalm's with the monks and the silence their lives afford us. This program will also offer on-campus opportunities for Contemplation and Meditation. We are certain the monastery will be meaningful.

Finally, mass will be offered Monday, Tuesday and Thursday at 12:30 pm and Wednesday at 10 pm. Confessions anytime (just contact me) and Adoration, Rosary and Stations as scheduled. Hope you can work these into your schedule. Peace, Fr. Cool

PLEASE NOTE SUPPERBWOWL MASS SCHECULE 10:30 and 4:30 pm

SUPERBOWL SUNDAY

MASS WILL BE at 10:30 am and 4:30 pm here at the Interfaith Chapel. No 7pm mass. Come to the NEWMAN SUPERBOWL PARTY at 6pm and watch the game here at the I-Chapel



<u>Volunteering Opportunities</u> Alternative Spring Break

Interested in making a difference AND having a great time this coming spring break? Newman sponsors the longest consecutive running Alternative Spring Break on campus to Frenchville, PA. Contact **Anne** for more information or the registration form if you are interested!

St. Joseph's House

Looking for a place to volunteer? Help us have a community impact by volunteering with St. Joseph's House. Contact Icxel Valeriano (<u>ivaleria@u.rochester.edu</u>) if interested.



Graduate Students:

There are various Graduate Assistantships in Student Life that are available for the 2016-2017 academic year. To find out more, please visit their website at <u>http://rochester.edu/college/wcsa/</u> <u>graduatestudents.html</u> or email them at <u>GradAssis-</u> <u>tantSelection@ur.rochester.edu</u>



Newman Weekly Schedule

Tuesday: NEWMAN NIGHT

4-6:00PM: Study Break (River Level, Interfaith Chapel) 6-7:00PM: Free Dinner (River Level, Interfaith Chapel) 7-7:30PM: Rosary Group (River Level, Interfaith Chapel)

Wednesday:

10-10:30PM: Instamass (Sue B. Dorm, Friel Lounge)

Sunday:

10:30-11:30AM: Mass (River Level, Interfaith Chapel) 7-8:00PM: Mass (River Level, Interfaith Chapel)

Kairos 30 - Across the Waters

February 5th-7th

Last weekend to sign-up for Kairos XXX! To register for Kairos 30: Across the Waters, fill-out a sign-up sheet on the back table and bring \$15 to any Newman staff member at the chapel.



World Youth Day 2016

Join Pope Francis and approximately over a million Catholics from across the world in a pilgrimage to Krakow, Poland, homeland of Saint Pope John Paul II. Step outside of yourself, your comfort zone and your country - to encounter God and Catholicism in an exciting new way. This trip takes place from July $24^{th} - July 31^{st}$ and is being led by the Newman. It is open to anyone 18-27 years old. Price per person is approx. \$2150, simple accommodations, includes flight from Toronto and some meals. If possible, we are planning a 2-3 trip day in Prague. Contact Fr. Cool (bcool@admin.rochester.edu) or Kevin Bonko (kbonko@u.rochester.edu). Deadline is February 21^{st} . Come to an interest meeting at 7pm on February 9th at the Interfaith Chapel.



<u>CCHD Call for Internship Applications</u>

Apply now through March 1 for 2016-2017 internships with the Catholic Campaign for Human Development (CCHD) national office in Washington, D.C., and around 30 diocesan offices around the country. CCHD is the domestic anti-poverty program of the Catholic Church in the United States. More information about the internships can be found on their website. Interested students should apply by March 1.



Express Admissions Open at JST of Santa Clara University

Advance your ministerial career with the Jesuit School of Theology of Santa Clara University (JST) express admissions for those considering graduate study in theology and ministry, and those ready to apply. For more information, contact Kristin Case (kcasey@jstb.edu) or 800.824.0122 or view